





#### Soup of The Day

Served with chefs garnish & fresh baked local artisan bread (Bread delivered daily by Fellows of Ardingly) £7.75

#### Teriyaki Pork Belly

Slow cooked teriyaki marinated pork belly with tempura tenderstem broccoli, pak choi, oven roasted cashew nuts & sesame seeds £8.75

#### Baked Camembert (v)

Individual camembert drizzled with honey & served with red onion marmalade & freshly baked toasted ciabatta £10.95

## Vegan Breaded Halloumi (ve)

Made from coconut oil instead of cheese & served in a chilli & herb panko breadcrumb with tomato, rocket, onion & caper salad & a sweet chilli sauce £7.95

#### Sussex Coast Salt & Pepper Squid

Served with lemon dressed rocket, fresh chilli, spring onion a fresh lime wedge & a chilli, lime & coriander mayonnaise £11.95 (Freshly delivered from Brighton & Newhaven Markets)

#### Oak Smoked Salmon & Prawn Cocktail

Locally sourced prawns & salmon which has been smoked over oak logs served with iceberg lettuce, pickled cucumbers, lemon & dill jelly, avocado mousse, marie rose sauce & rye bread £10.25 (Freshly delivered from Brighton & Newhaven fish markets)

#### Confit of Oriental Crispy Duck Salad

Slow cooked confit duck served on a salad of spring onions, baby gem lettuce, cucumber & red peppers, tossed in a hoisin & plum sauce, topped with toasted sesame seeds £9.25

#### Traditional Sussex Smokie

A dish dating back to the 1800's. Smoked haddock, salmon & buttered leeks, cooked in a mornay sauce with a Sussex aged cheddar & parmesan crust, served with toasted artisan bread £10.25

If you have a food allergy/intolerance or special dietary requirement, please inform a member of staff when ordering, allergy menus are available. Thank you.

#### All staff share the gratuities kindly given

(A discretionary 10% service charge will be added to tables of 8 or more) We do not knowingly serve GM food. Our kitchen is in contact with nuts, shellfish & gluten.

At The Oak Barn we pride ourselves on our quality English fayre with a modern twist. Our chefs create and change the menus to compliment the season and use local farmers & fresh fish from Newhaven to ensure the freshness and quality of all our ingredients.

## Main Course

#### All our food is local, fresh & cooked to order

For this reason your patience is greatly appreciated during busy periods

#### Newhaven Catch of The Day

A fresh fish served whole with a grilled half lemon, chefs sauce of the day & your choice of either seasonal vegetables or mixed salad & hand cut chips or buttered new potatoes (Market Price) (Landed off the Sussex Coast)

#### Duo of Sussex Lamb

Pan fried rump of lamb & a pulled braised leg of lamb wellington, with cauliflower puree, parmesan potato terrine, rosemary jus & a side of seasonal vegetables £24.45 (From Blakes Meats, Hollingdean)

#### Traditional Sussex Smokie

Smoked haddock, salmon & buttered leeks, cooked in a mornay sauce with a Sussex aged cheddar & parmesan crust served with fresh baked local artisan bread & a mixed garden salad £21.45

#### Duo of Sussex Pork

Honey glazed pork belly & a crispy breaded pulled pork croquette, served with bubble & squeak, sautéed broccoli, a bacon crumb, shallot rings filled with apple puree, red wine jus & a side of seasonal vegetables £21.95 (From Field Place Farm, Bolney)

#### Lemon Miso Glazed Cod

With parmentier potatoes, celeriac cubes, charred sweet corn, a garlic tiger prawn, lemon, miso & pomegranate dressing & a side of seasonal vegetables £21.95 (Freshly delivered from Brighton and Newhaven fish markets)

#### Beef, Guinness & Mushroom Suet Pudding

Tender steak & mushrooms slowly cooked in a Guinness infused gravy & steamed in a light suet pastry, with creamy mashed potato, sweet potato puree, rosemary jus & a side of seasonal vegetables £20.45 (From Woodhouse Butchers, Haywards Heath)

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#### Vegan Roasted Cauliflower Steak (ve)

*With a spiced date puree, sauteed new potatoes, roasted cherry tomatoes, golden tofu, sultana dressing & toasted cashew nuts* £16.45

#### Vegan Thai Green Vegetable Curry (ve)

A fragrant thai curry made in coconut milk with a mix of vegetables, served with steamed coconut infused rice & spiced potato & onion puff £16.95

## From the Grill

#### 28 Day Aged 8<sub>oz</sub> Sussex Rib Eye Steak

Rib eye is marbled with tiny bits of fat, which melt during the cooking process leaving a rich juicy flavour to the steak £30.95 (Angus Cross from Prinkle Farm, Heathfield)

#### 28 Day Aged 8oz Sussex Sirloin Steak

Just above the tenderloin is where you will find the sirloin. It is tender and lean making it a healthier option £29.95 (Angus Cross from Prinkle Farm, Heathfield)

Both of the above are cooked to your liking & served with vine tomatoes, sautéed mushrooms, sautéed onions, watercress & your choice of either hand cut chips or buttered new potatoes

#### Add a sauce on the side

Creamy peppercorn £2.95 / garlic butter £2.95

#### Chargrilled Buttermilk Chicken Skewers

*Free range chicken cubes, red pepper & courgette marinated in buttermilk & cajun spices, served with sweet potato fries, grilled flatbread, dressed mixed garden salad & garlic aioli £19.45* 

## Salads

Add a handful of hand cut chips £2.70 Add a handful of sweet potato fries £2.90 Add a handful of buttered new potatoes £2.80

#### Confit of Oriental Crispy Duck

Slow cooked confit duck served on a salad of spring onions, baby gem lettuce, cucumber & red peppers, tossed in a hoi sin & plum sauce topped with toasted sesame seeds £17.45

#### Oak Smoked Salmon & Prawn Salad

Locally sourced prawns & salmon which has been smoked over oak logs served with iceberg lettuce, pickled cucumber, peppers, lemon & dill jelly, avocado mousse, radish, spring onion, cherry tomato, soft boiled egg, marie rose sauce & fresh rye bread £18.95

## <u>Classics</u>

## Local 10oz Gammon Steak

Served with two free range fried eggs, chargrilled pineapple, vine tomatoes & hand cut chips £17.45 (From Blakes Meats, Hollingdean)

#### Sussex Ale Battered Cod & Chips

Fresh cod fillet in Harvey's beer batter, served with hand cut chips, tartare sauce & mushy garden peas (served on side) £17.95 (Freshly delivered from Brighton & Newhaven fish markets)

#### Baked Macaroni Cheese (v)

Macaroni in a béchamel sauce topped with sliced tomatoes and a Sussex aged cheddar & smoked Applewood crust & served with a rocket, parmesan & balsamic side salad & garlic bread £15.95

## Oak Barn Beef Burger

80z prime beef burger served in a brioche bun with tomato, gherkins, red onion, mustard mayo & lettuce. Served with hand cut chips & a smoked tomato & chilli sauce (served on the side) £16.95

#### Finish with a topping:

Sussex aged cheddar £1.95 / Brighton blue £1.95 / smoked bacon £1.95 Double up your burger £8.95

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# Sides

Hand Cut Chips £4.95 / Sweet Potato Fries £5.25

#### Seasonal Vegetables £4.30 / Seasonal Mixed Salad £4.75

Fresh Garlic Ciabatta Bread £5.45 /

Buttered New Potatoes £4.45

Halloumi Fries £7.95

## Tempura Vegetables (v)

*Tender stem broccoli, red pepper & courgette on a chilli, honey, lime & crisp baby gem salad £7.45* 

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#### (All meals below are available in the Bar, Restaurant & Outside.) (Light Bites & Sandwiches are <u>NOT available Fri & Sat evenings</u>)

At The Oak Barn, we receive a delivery every morning of freshly baked loaves and traditional bloomer, from our local bakers "Fellows" of Ardingly

# Light Bites

Salt & Pepper Chicken

Tossed in a peanut salad & bang bang sauce £8.95

Crispy Chilli Pork With coconut rice, peanut salad, spring onion & fresh chilli £8.95

Chefs Choice Of The Day Fishcakes Served with lemon & dill gel & tartar sauce £8.95

Breaded Halloumi Fries (v) Served with rocket & sweet chilli mayonnaise £7.95

or Buttered New Potatoes £2.90

Add a

handful of

Hand Cut

**Chips** £2.70

or

Sweet Potato

**Fries** £2.90

Tempura Vegetables (v)

*Tender stem broccoli, red pepper & courgette on a chilli, honey, lime & crisp baby gem salad £7.45* 

Fresh Garlic Ciabatta Bread £5.45

Portion Hand Cut Chips £4.95 / Portion Sweet Potato Fries  $\pounds 5.25$ 

# Jacket Potatoes

Choose your fillings below. All served with a fresh mixed salad garnish.

Atlantic Tuna & Mayonaise £10.95 / Sussex Mature Cheddar £10.95 Free Range Chicken & Bacon £10.95

# Sandwiches

All served with a fresh salad garnish, fillings below are available on *White / Granary / Toasted / White Baguette / Toasted Ciabatta* (both options-£1 extra)

Add a handful of Hand Cut Chips £2.70 or Sweet Potato Fries £2.90 Atlantic Prawn, Marie Rose & Iceberg Lettuce £9.75

Free Range Chicken, Smoked Bacon, Avocado & Mayonnaise £9.75

> Smoked Bacon, Sussex Brie & Cranberry £9.95

# Speciality Sandwiches

Lemon Zested Fresh Cod Fish Finger Sandwich

Fresh cod fillets coated with lemon zested breadcrumbs, served on bloomer bread with lemon & dill mayo, lemon dressed rocket & tartare sauce (on the side) with a side salad garnish £12.45

## Atlantic Tuna Melt

Tuna flakes mixed with mayonaise. Served open on toasted ciabatta, topped with spring onion, sweetcorn and melted Sussex aged cheddar with a side salad garnish £10.45

All of our Desserts are homemade by our Pastry Chef, changing items & garnishes whenever necessary to the season & availability of the ingredients

## Desserts

## Salted Caramel Sticky Toffee Pudding

Traditional sticky toffee pudding served with a rich toffee sauce, topped with diced fudge & white chocolate ice cream £8.75

## Apple Tarte Tatin

Confit & caramalised Braeburn apples set in sweet pastry & served with toffee sauce & vanilla ice cream £8.95

#### Winter Pavlova

Meringue served with Chantilly cream, cranberries, orange, pistachios with a cranberry & pomegranate sauce £8.75

#### **Treacle Sponge**

Sponge soaked in treacle, served with your choice of either custard or vanilla ice cream £8.75

#### Chocolate & Orange Cheesecake

Served on a chocolate biscuit base with candied orange & white chocolate ice cream £8.95

# Salted Caramel Sticky Toffee & Honeycomb Ice Cream Sundae

Warm sticky toffee pieces & crushed honeycomb, served with vanilla & honeycomb ice cream, drizzled with toffee sauce & topped with chantilly cream £8.75

#### Honey & Pistachio Crème Brulee

Served with pistachio & white chocolate cookie £8.45

Vegan Chocolate Brownie (ve) Served with vanilla bean ice cream & fresh berries £8.95

#### Farmhouse Dairy Ice Cream (3 Scoops)

vanilla / chocolate / honeycomb / salted caramel / strawberry / white chocolate with ginger crumble, mixed berries and raspberry gel served on the side £7.95

## Bennetts Farm Sorbet (3 Scoops)

raspberry / lemon / blackcurrant with ginger crumble, mixed berries and raspberry gel served on the side £7.95 ((ve) without the crumble, please let your server know)

<u>Coffee</u> from £3.05 Americano / Machiatto Cappuccino / Latte / Espresso / Flat White / Mocha <u>Tea</u> from £3.05 English tea & a selection of herbal teas <u>Liqueur Coffees</u> from £8.25 Irish (Jameson Whiskey) / Calypso (Tia Maria) Seville (Cointreau) / Baileys Coffee



