

# **Starters**



### Soup of The Day

Served with chefs garnish & fresh baked local artisan bread (Bread delivered daily by Fellows of Ardingly) £7.45

### Teriyaki Pork Belly

Slow cooked teriyaki marinated pork belly with tempura tenderstem broccoli, pak choi, oven roasted cashew nuts & sesame seeds £8.45

#### Baked Camembert (v)

Individual camembert drizzled with honey & served with red onion marmalade & freshly baked toasted ciabatta £10.95

#### Vegan Breaded Halloumi (ve)

Made from coconut oil instead of cheese & served in a chilli & herb panko breadcrumb with tomato, rocket, onion & caper salad & a sweet chilli sauce £7.95

#### Sussex Coast Salt & Pepper Squid

Served with lemon dressed rocket, fresh chilli, spring onion a fresh lime wedge & a chilli, lime & coriander mayonnaise £11.95 (Freshly delivered from Brighton & Newhaven Markets)

### Oak Smoked Salmon & Prawn Cocktail

Locally sourced prawns & salmon which has been smoked over oak logs served with iceberg lettuce, pickled cucumbers, lemon & dill jelly, avocado mousse, marie rose sauce & rye bread £9.95 (Freshly delivered from Brighton & Newhaven fish markets)

### Confit of Oriental Crispy Duck Salad

Slow cooked confit duck served on a salad of spring onions, baby gem lettuce, cucumber & red peppers, tossed in a hoisin & plum sauce, topped with toasted sesame seeds £8.95

#### Traditional Sussex Smokie

A dish dating back to the 1800's. Smoked haddock, salmon & buttered leeks, cooked in a mornay sauce with a Sussex aged cheddar & parmesan crust, served with toasted artisan bread £9.95

If you have a food allergy/intolerance or special dietary requirement, please speak to a member of staff about the ingredients in your food when placing your food order. Thank you.

#### All staff share the gratuities kindly given

(A discretionary 10% service charge will be added to tables of 8 or more) We do not knowingly serve GM food. Our kitchen is in contact with nuts, shellfish & gluten.

At The Oak Barn we pride ourselves on our quality English fayre with a modern twist. Our chefs create and change the menus to compliment the season and use local farmers & fresh fish from Newhaven to ensure the freshness and quality of all our ingredients.

# Main Course

#### All our food is local, fresh & cooked to order

For this reason your patience is greatly appreciated during busy periods

#### Newhaven Catch of The Day

A fresh fish served whole with a grilled half lemon, chefs sauce of the day & your choice of either seasonal vegetables or mixed salad & hand cut chips or buttered new potatoes (Market Price) (Landed off the Sussex Coast)

#### Duo of Sussex Lamb

Pan fried rump of lamb & a pulled braised leg of lamb wellington, with cauliflower puree, dauphinoise potatoes, goats cheese crumb, rosemary jus & a side of seasonal vegetables £23.95 (From Blakes Meats, Hollingdean)

#### Traditional Sussex Smokie

Smoked haddock, salmon & buttered leeks, cooked in a mornay sauce with a Sussex aged cheddar & parmesan crust served with fresh baked local artisan bread & a mixed garden salad £20.95

### Duo of Sussex Pork

Honey roasted pork belly with crackling & a pan fried pork fillet, served with sweet potato puree, grilled shallot rings filled with apple sauce, mini potato fondants, red wine jus & a side of seasonal vegetables £20.95 (From Field Place Farm, Bolney)

#### Pan Fried Sea Bass

With crayfish & dill crushed new potatoes, a shellfish bisque, tiger prawns, garlic & parsley oil & a side of vegetables £21.95 (Freshly delivered from Brighton and Newhaven fish markets)

#### Beef, Guinness & Mushroom Suet Pudding

Tender steak & mushrooms slowly cooked in a Guinness infused gravy & steamed in a light suet pastry, with creamy mashed potato, sweet potato puree, rosemary jus & a side of seasonal vegetables £19.95 (From Woodhouse Butchers, Haywards Heath)

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#### Vegan Roasted Cauliflower Steak (ve)

With a spiced date puree, sauteed new potatoes, roasted cherry tomatoes, golden tofu, sultana dressing & toasted cashew nuts £16.45

## Vegan Thai Green Vegetable Curry (ve)

A fragrant thai curry made in coconut milk with a mix of vegetables, served with steamed coconut infused rice & spiced potato & onion puff £16.95

# From the Grill

### 28 Day Aged 8<sub>oz</sub> Sussex Rib Eye Steak

Rib eye is marbled with tiny bits of fat, which melt during the cooking process leaving a rich juicy flavour to the steak £30.95 (Angus Cross from Prinkle Farm, Heathfield)

### 28 Day Aged 8oz Sussex Sirloin Steak

Just above the tenderloin is where you will find the sirloin. It is tender and lean making it a healthier option £29.95 (Angus Cross from Prinkle Farm, Heathfield)

Both of the above are cooked to your liking & served with vine tomatoes, sautéed mushrooms, sautéed onions, watercress & your choice of either hand cut chips or buttered new potatoes

#### Add a sauce on the side

Creamy peppercorn £2.95 / garlic butter £2.95

#### Chargrilled Buttermilk Chicken Skewers

Free range chicken cubes, marinated in buttermilk & cajun spices, served with sweet potato fries, grilled flatbread, dressed mixed garden salad & garlic aioli £18.95

# **Salads**

Add a handful of hand cut chips £2.60 Add a handful of sweet potato fries £2.80 Add a handful of buttered new potatoes £2.70

#### Confit of Oriental Crispy Duck

Slow cooked confit duck served on a salad of spring onions, baby gem lettuce, cucumber & red peppers, tossed in a hoi sin & plum sauce topped with toasted sesame seeds £16.95

#### Oak Smoked Salmon & Prawn Salad

Locally sourced prawns & salmon which has been smoked over oak logs served with iceberg lettuce, pickled cucumber, peppers, lemon & dill jelly, avocado mousse, radish, spring onion, cherry tomato, soft boiled egg, marie rose sauce & fresh rye bread £18.45

# **Classics**

### Local 10oz Gammon Steak

Served with two free range fried eggs, chargrilled pineapple, vine tomatoes & hand cut chips £16.95 (From Blakes Meats, Hollingdean)

#### Sussex Ale Battered Cod & Chips

Fresh cod fillet in Harvey's beer batter, served with hand cut chips, tartare sauce & mushy garden peas (served on side) £17.95 (Freshly delivered from Brighton & Newhaven fish markets)

#### Baked Macaroni Cheese (v)

Macaroni in a béchamel sauce topped with sliced tomatoes and a Sussex aged cheddar & smoked Applewood crust & served with a rocket, parmesan & balsamic side salad & garlic bread £15.95

#### Oak Barn Beef Burger

*8oz prime beef burger served in a brioche bun with tomato, gherkins, red onion, mustard mayo & lettuce. Served with hand cut chips & a smoked tomato & chilli sauce (served on the side)* £16.75

#### Finish with a topping:

Sussex aged cheddar £1.95 / Brighton blue £1.95 / smoked bacon £1.95 Double up your burger £8.95

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# Sides

Hand Cut Chips £4.75 / Sweet Potato Fries £4.95

Seasonal Vegetables £4.30 / Seasonal Mixed Salad £4.75

Garlic Bread £5.45 / Buttered New Potatoes £4.45

### Halloumi Fries £7.45

#### All staff share the gratuities kindly given

A discretionary 10% service charge will be added to tables of 8 or more.  $\pounds 2 \ p/p$  cakeage charge may be added

(All meals below are available in the Bar, Restaurant & Outside. Light Bites & Sandwiches are not available Fri & Sat evenings)

At The Oak Barn, we receive a delivery every morning of freshly baked loaves and traditional bloomer, from our local bakers "Fellows" of Ardingly

# Light Bites

Breaded Halloumi Fries Served with rocket & sweet chilli mayonnaise £7.45

Marinated Olives Black & green olives marinated in olive oil, with artisan bread, olive oil & balsamic vinegar £7.45

Crispy Lemon Cod Bites Served with lemon & dill gel & tartar sauce £7.95

> **Camembert** Served with red onion marmalade & toasted ciabatta £10.95

Tempura Vegetables Tender stem broccoli, red pepper & courgette on a chilli, honey, lime & crisp baby gem salad £6.95

**BBO Pork Ribs** On a cucumber, spring onion & red pepper salad £7.95

Garlic Bread £5.30 Hand Cut Chips £4.45 / Sweet Potato Fries £4.85

# Sandwiches

All served with a salad garnish, fillings below are available on White / Granary / Toasted / White Baguette / Toasted Ciabatta (both options-£1 extra)

Smoked Bacon, Sussex Brie & Cranberry £9.95

Atlantic Prawn, Marie Rose Add a handful of & Iceberg Lettuce £9.75 hand cut chips £2.60 Free Range Chicken, Smoked Bacon, or sweet Avocado & Mayonnaise £9.75

potato fries £2.80

# Speciality Sandwiches

# Lemon Zested Fresh Cod Fish Finger Sandwich

Fresh cod fillets coated with lemon zested breadcrumbs, served on bloomer bread with lemon & dill mayo, lemon dressed rocket & tartare sauce (on the side) with a side salad garnish £12.45

# Welsh Rarebit (v)

Classic rarebit recipe of Sussex cheese, real ale & worcestershire sauce, served on toasted open ciabatta with a side salad garnish £10.25

Add a handful of hand cut chips £2.60 or sweet potato fries £2.80

# **Tuna Melt**

Tuna flakes mixed with mayonaise. Served open on toasted ciabatta, topped with spring onion, sweetcorn and melted Sussex aged cheddar with a side salad garnish £10.45

All of our Desserts are homemade by our Pastry Chef, changing items & garnishes whenever necessary to the season & availability of the ingredients

# **Desserts**

# Salted Caramel Sticky Toffee Pudding

Traditional sticky toffee pudding served with a rich toffee sauce, topped with diced fudge & white chocolate ice cream £8.75

# Baked Apple & Calvados Tart

Sweet pastry encasing baked apples in a Calvados set custard, served with mixed berries, raspberry gel & vanilla ice cream £8.95

### Autumn Eton Mess

Raspberry infused meringue, fresh chantilly cream and crushed blackberries, served with lemon curd, poached pear, glazed figs & stem ginger ice cream £8.75

### Treacle Sponge

Sponge soaked in treacle, served with your choice of either custard or vanilla ice cream £8.75

### White Chocolate & Blackberry Cheesecake

Served on a ginger base, with white chocolate soil, blackberry gel & blackcurrant sorbet £8.95

# Salted Caramel Sticky Toffee & Honeycomb Ice Cream Sundae

Warm sticky toffee pieces & crushed honeycomb, served with vanilla & honeycomb ice cream, drizzled with toffee sauce & topped with chantilly cream £8.75

### Spiced Poached Pear

Served with a honey granola crumb, citrus mascarpone, chocolate ganache & candied orange £8.45

### Farmhouse Dairy Ice Cream (3 Scoops)

vanilla / chocolate / honeycomb / salted caramel / strawberry / white chocolate with ginger crumble, mixed berries and raspberry gel served on the side £7.95

### Bennetts Farm Sorbet (3 Scoops)

raspberry / lemon / blackcurrant with ginger crumble, mixed berries and raspberry gel served on the side £7.95 ((ve) without the crumble, please let your server know)

<u>Coffee</u> from £3.05 Americano / Machiatto Cappuccino / Latte / Espresso / Flat White / Mocha

<u>Tea</u> from £3.05 English tea & a selection of herbal teas Liqueur Coffees from £8.25

Irish (Jameson Whiskey) / Calypso (Tia Maria) Seville (Cointreau) / Baileys Coffee



