

NATIONAL

DOUGHNUT WEEK

AT THE OAK BARN RESTAURANT



WHAT'S IT ALL ABOUT?

For 18 years, National Doughnut Week has been raising money for the Children's Trust, in aid of children with brain injuries. Every year, 40,000 children will be left with a brain injury after an accident or illness. The charity aims to help these children live the best life possible through expert therapies, care and education services. Baking is actually one of the activities used to help children reach their therapeutic goals. It helps them with memory, motor skills and attention spans.

So far, National Doughnut Week has raised a massive £544, 344 for The Children's Trust. With your help, we hope to raise even more this year for a good cause.

A BRIEF HISTORY

Christopher Freeman of Dunns Bakery founded National Doughnut Week in 1992. Since then, the event has gone on to raise over £1.1mil for charitable causes. Christopher Dunn has received an Order of Mercy Award for his fundraising efforts.

Doughnuts are thought to have originated in ancient Rome. Where they covered fried dough in cinnamon or sugar. The first recorded use of the term "Dow-nut" was in a British book for domestic tips in 1800.

Hanson Gregory claimed to have invented the first classic ring doughnut aboard a ship in 1847 when he punched a hole through it. Deciding it tasted better than the unevenly cooked doughnut balls, he showed his mother upon return and the ring doughnut was born.



THE CHILDREN'S TRUST PROMISES:

- **Child First:** children, young people, and their families are at the very heart of everything we do
- **Aim High:** aim for the highest possible standards and the biggest positive impact
- **Care Deeply:** connect and collaborate effectively inside and outside of our charity
- **Be Open:** create an environment of trust & openness
- **Own It:** take responsibility, owning what we do and delivering on our promises

