National Seafood Week

Saturday 9th- Friday 15th Oct

Starters

Oven Baked Scallops £10.95

Baked in a shell, topped with crispy bacon, shallots & salsa verde butter (Freshly delivered daily from Brighton & Newhaven Fish Markets)

Poached Haddock £7.95

On a bed of spinach & leeks topped with a poached egg, chive velouté & herb oil (Caught of the coast of Fowey, Cornwall)

Salt & Pepper Squid £7.95

Caught off the Sussex coast I served with chilli, lime I coriander mayonnaise

(Freshly delivered daily from Brighton I Newhaven Fish Markets)

Mains

Warm Fruit De Mer £19.95

Pan fried sea bass, garlic tiger prawns, mussells, clams I pan fried scallop with a chive velouté I a choice of hand cut chips or new potatoes

(Freshly delivered daily from Brighton & Newhaven Fish Markets)

Seafood Chowder £18.95

Mussells, clams, smoked haddock & bacon chowder in a creamy smoky sauce with diced potatoes & crusty bread

(Freshly delivered daily from Brighton & Newhaven Fish Markets)

Newhaven Catch of The Day Market price

A whole fresh fish served with a grilled half lemon, chefs sauce of the day L your choice of either seasonal vegetables or mixed salad L hand cut chips or buttered new potatoes

(Landed off the coat of Sussex)

Pan Fried Sea Bass Fillet £16.95

With crayfish I dill crushed new potatoes, a shellfish bisque, chilli I garlic tiger prawns, wild garlic

I parsley oil I a side of vegetables

(Freshly delivered daily from Brighton I Newhaven Fish Markets)

Oak Barn Homemade Sussex Smokie £16.75 Main / £8.95 Starter

Smoked haddock, salmon I buttered leeks, cooked in a mornay sauce with a Sussex aged cheddar I parmesan crust served with fresh artisan baquette