

National Seafood Week

Monday 7th-Saturday 12th Oct

Starters

Pan Fried Scallops

*With crispy streaky bacon & cauliflower puree
(Freshly delivered daily from Brighton & Newhaven Fish Markets)
£9.95*

Moules Marinere

*With crusty bread
(Caught off the coast of Fowey, Cornwall)
£7.75*

Salt & Pepper Squid

*Caught off the Sussex coast & served with chilli, lime
& coriander mayonnaise
£7.25*

Mains

Seafood Ceviche

*Scallops, seabass, mussels & king prawns with herb
parmentier potatoes & a tomato consommé
(Freshly delivered daily from Brighton & Newhaven Fish Markets)
£17.95*

Moules Marinere

*With hand cut chips & crusty bread
(Caught off the coast of Fowey, Cornwall)
£14.95*

Seafood Chowder

*Scallops, clams, mussels, prawns, smoked haddock,
bacon & diced potatoes in a creamy smoked sauce
served with crusty bread
(Freshly delivered daily from Brighton & Newhaven Fish Markets)
£17.95*

Newhaven Catch of The Day

*A whole fresh fish served with a grilled half lemon,
chefs sauce of the day & your choice of either seasonal
vegetables or mixed salad & hand cut chips
or buttered new potatoes
Market Price*

Pan Fried Sea Bass Fillet

*With sautéed new potatoes, smoked haddock croquette,
tender stem broccoli, red pepper puree
& a tomato & caper salsa
£16.95*

Oak Barn Homemade Sussex Smokie

*Smoked haddock, salmon & buttered leeks, cooked in a
mornay sauce with a Sussex aged cheddar & parmesan
crust served with fresh artisan baguette
£15.95 Main / £7.75 Starter*

*Help us raise money for the
Royal National Lifeboat
Institution.*

*On average, they launch 8,628 time a
year to help people in life threatening
situations. With lifeguards aiding
32,207 people.*

*During the week alongside our full a'la
carte menu we are running our
National Seafood Week specials.
£1 of every special sale is going straight
to charity.*

*As well as that, we have table games
available to play for a
donation.*



Lifeboats

Fundraising in aid of the RNLI