

# National Seafood Week

Friday 5th Oct-Saturday 13th Oct  
(Excluding Sunday)

## Starters

### *Pan Fried Scallops*

*With crispy streaky bacon & pea puree*

### *Moules Marinere*

*With crusty bread*

### *Sussex Smokie*

*Smoked haddock, salmon & buttered leeks, cooked in a mornay sauce with a Sussex aged cheddar & parmesan crust, served with fresh artisan baguette*

## Mains

### *Warm Tuna Nicoise*

*A seared tuna steak served with olive croquettes, charred baby gem, green beans, marinated tomatoes & confit egg yolk*

### *Moules Marinere*

*With French fries & crusty bread*

### *Monkfish Wrapped in Parma Ham*

*With a saffron risotto, crispy tiger prawns & tenderstem broccoli*

### *Newhaven Catch of The Day*

*A whole fresh fish served with a grilled half lemon, chefs sauce of the day & your choice of either seasonal vegetables or mixed salad & hand cut chips or buttered new potatoes*

### *Pan Fried Sea Bass Fillet*

*With crispy breaded tiger prawns, dill crushed potatoes, a smoked salmon & prawn veloute & a side of seasonal vegetables*

### *Oak Barn Homemade Sussex Smokie*

*Smoked haddock, salmon & buttered leeks, cooked in a mornay sauce with a Sussex aged cheddar & parmesan crust served with fresh artisan baguette*

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(Excluding Sunday)

## Starters

### *Pan Fried Scallops*

*With crispy streaky bacon & pea puree*  
£

### *Moules Marinere*

*With crusty bread*  
£

### *Sussex Smokie*

*Smoked haddock, salmon & buttered leeks, cooked in a mornay sauce with a Sussex aged cheddar & parmesan crust, served with fresh artisan baguette*  
£7.25

## Mains

### *Warm Tuna Nicoise*

*A seared tuna steak served with olive croquettes, charred baby gem, green beans, marinated tomatoes & confit egg yolk*  
£

### *Moules Marinere*

*With French fries & crusty bread*  
£

### *Monkfish Wrapped in Parma Ham*

*With a saffron risotto, crispy tiger prawns & tenderstem broccoli*  
£

### *Newhaven Catch of The Day*

*A whole fresh fish served with a grilled half lemon, chefs sauce of the day & your choice of either seasonal vegetables or mixed salad & hand cut chips or buttered new potatoes*  
Market Price

### *Pan Fried Sea Bass Fillet*

*With crispy breaded tiger prawns, dill crushed potatoes, a smoked salmon & prawn veloute & a side of seasonal vegetables*  
£16.95

### *Oak Barn Homemade Sussex Smokie*

*Smoked haddock, salmon & buttered leeks, cooked in a mornay sauce with a Sussex aged cheddar & parmesan crust served with fresh artisan baguette*  
£15.45